

ICSF Soccer Association



COACHES MANUAL

(In House, Mini, U-11, U -12 and U-13 to U-18 Divisional)

2010-2011 Season

Prepared by the ICSF Youth Soccer Association
Sept 2010



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This manual is intended for coaches participating in house, mini, U-11, U-12 and U-13 to U-18 Divisional systems at the ICSF.

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1. Introduction

Welcome to the Italian Canadian Sports Federation Soccer!

Overview

The purpose of this manual is to provide a primary and ready reference source for all persons coaching and or managing in the ICSF Soccer Association from the ages of U-5 through U-18. **It is not intended to be a definitive way on how to coach children and youth soccer; rather, this manual is intended to provide you with an introduction to the kind of basic resources you will need to run a fun, safe and productive season for your players.**

It is expected that all coaches and coordinators read this manual and are familiar with its contexts.

Calendar of Events and executive list can be found at the ICSF soccer website: www.icsf.ca.

2 ICSF Youth Mission Statement

To teach and develop players, while having fun in a team environment, that is safe and respects all teammates, opponents, parents and officials.

3 ICSF Youth Vision Statement

ICSF Youth Soccer will be the Club of choice in Vancouver area. It will operate as a soccer organization that develops children, is competitive at the divisional levels and when the district advises us.

4 Coaching Certification

For those who are interested in improving your coaching skills beyond the bare essentials the ICSF recommends that you enroll in a program through BC Soccer which certifies the individual. Programs offered by the B.C. Soccer Association, which provides more in-depth training on all levels of Coaching, include the following:

- Community Children Certification (U7 to U10)
- Community Youth Certification (U11 to U14)
- Community Senior Certification (U14 and older)
- B-Prep License
- B-Provincial
- B-National
- A-National

It is mandatory that a coach coaching in divisional soccer from U-13 and U-14 is certified with the minimum of Community Youth to participate in any Provincial B Cup games and a Community Youth and Community Senior if participating in Provincial A Cups. This certification changes from year to year and will be adjusted accordingly.

The CLUB covers enrollment in Community Children, Community Youth and Community Senior through BC Soccer. For more information on certification check out the website: www.bcsoccer.net or contact BC Soccer Association 604-299-6401.

5 Soccer Hierarchy

Soccer is the largest organized youth sports activity in the world. How does the ICSF Soccer Association fit in the world of soccer? What are all these other organisations that you keep hearing about and how do they relate to ICSF Soccer? Here is an outline of the soccer hierarchy:

FIFA

The international governing body of soccer is FIFA (Federation Internationale de Football Association), headquarters in Zurich. This body is the umbrella organization for the various national soccer or football associations. FIFA defines and revises the "Laws of the Game", administers the World Cup, soccer at the Olympics, and sanctions international competitions. From U11 and older, we all play under the same rules, worldwide.

CSA

The Canadian Soccer Association is directly affiliated with FIFA, receives its authority from FIFA and is the soccer governing body in Canada. The CSA organizes the national teams at the World Cup, Olympic and Youth (Under 21) levels. The National Soccer Certification Program for coaches is organized by the CSA within the context of the Federal Government Program and represents the technical and practical components of the NCCP programs. The CSA organizes amateur soccer through the various provincial soccer associations, of which the British Columbia Soccer Association (BCSA) is one. Through the BCSA, a portion of the ICSF Soccer Association player registration fees flow through to the CSA.

BCSA

The BCSA is responsible for amateur soccer in the province within the context of the CSA with whom it is directly affiliated and ultimately, FIFA. One of the main programs of the BCSA is the creation of coaching development activities (including children, youth and senior coaching certification programs, i.e.: Shawnigan Lake Soccer Academy and various summer soccer schools.

The BCSA is headquartered at 510 - 375 Water st Vancouver, BC V6B 5C6. The BCSA telephone number is 299-6401.

The BCSA has divided the province into Districts within which teams play in leagues and between which Provincial Championship play is conducted. The City of Vancouver is one of those Districts.

Individual teams are affiliated with the BCSA by the submission of a "Team Affiliation Form" and payment of a fee by ICSF Soccer Association in August. For divisional play, U13 to U18 inclusive, the BCSA deals with matters of player registration, coach and/or team discipline, and protests and appeals of League or Cup games. The BCSA defines the age limits for the divisions, the duration of games and the size of the ball for each age group, the rules of the Provincial Championship play etc.

The BCSA also has a select (All Star) team program for the province which involves Inter District All Star play leading to the selection of a B.C. team to represent the province in the National Championship. At present, this program covers U14 and U16 inclusive for both boys and girls. Many of our divisional boys will compete in the Four District League made up of teams from Burnaby, Vancouver, North Vancouver and Richmond. The Four District League has a Board of Directors made up of representatives from each of the four districts. It meets every third Tuesday of the month. Divisional girls play in a five district league. The rules of all League play are governed by the British Columbia Soccer Association Constitution and Bylaws.

VYSA

The Vancouver Youth Soccer Association is directly affiliated with the BCSA and is one of the largest member Districts in terms of player registration.

The VYSA administers League and Cup play of all boys and girl teams in divisional soccer in the Vancouver District that are affiliated with the BCSA. The VYSA handles certain aspects of player, coach, and team discipline as well as certain protests and appeals for the BCSA.

The VYSA is governed by a Board of Directors elected by the member clubs to two year terms at the Annual General Meeting in April. The member clubs include ICSF, Dunbar, Point Grey, Kerrisdale, KLM, Killarney, Grandview, Douglas Park, VGSA and others.

6 ICSF Soccer

ICSF Soccer Association is situated on the East Side of Vancouver. There are approximately 500 registered players in the House League, Mini and Divisional teams. ICSF Soccer is run by an executive committee of about 15 volunteers. Teams and age groupings are run by volunteer coaches and co-coordinators. To help strengthen its links within the community, ICSF Soccer has affiliations with Vancouver Metro Senior Soccer League. In 2010-2011 season it had men's Premier team, and an under 21 team.

7 Frequently asked questions:

What is House League Soccer?

House League soccer in the ICSF Soccer Association is designed to provide boys and girls with an opportunity to learn the fundamentals of the game of soccer and develop these skills in a non-competitive format. The ICSF Soccer Association complies with the Mini-Soccer guidelines of the BCSA designed to maximize a young player's enjoyment and technical development by using a small field. The skills that these children develop allow them to continue into competitive divisional soccer when they turn ten years of age. (Competing at U-11)

How old does a child have to be to play House League Soccer?

The ICSF Soccer Association accepts boys and girls going into Grade Kindergarten or Grade 1 for first year or turns 5 years old that calendar year. There may be special instances that a younger child can play in the in-house program but that assessment will be made by the coaches committee.

c) How long does the season last?

In-house (U6) Born in 2005

The season begins in September and runs through to March of the following year, ending before Spring Break. There is a Christmas break of approximately four weeks from mid-December to mid-January. Each year the ICSF will try and host a tournament, providing we have the volunteers to have one.

In-house Advanced (U7 and U8) Born in 2004 and 2005

The season begins in September and runs through to March of the following year, ending before Spring Break. There is a Christmas break of approximately four weeks from mid-December to mid-January. Each year the ICSF will try and host a tournament, providing we have the volunteers to have one

Mini Boys (U9 to U10) & Mini Girls (U8, U9 and U10) Born in 2002 and 2000

The season begins in September and runs through to March of the following year, ending before Spring Break. There is a Christmas break of approximately four weeks from mid-December to mid-January. Each year the ICSF will try and host a tournament, providing we have the volunteers to have one

Boys and Girls (U11 and U12) Born in 2000 and 1999

The season begins in September and runs through to March of the following year, ending before Spring Break. There is a Christmas break of approximately four weeks from mid-December to mid-January. In 2010-2011 the U-11 teams will be evaluated and tiered. The ICSF will have a top team playing in Serie A and the lower ranking team playing in the Premiership. It will be the team's responsibility to make arrangements to participate in any tournament. For a listing of tournaments you can check the website: www.soccerbc.net.

Divisional Boys and Girls (U13- U18) Born in 1998 to 1993

The season begins in September and runs through to March of the following year. There is a Christmas break of approximately four weeks from mid-December to mid-January. It will be the team's responsibility to make arrangements to participate in any tournament. For a listing of tournaments you can check the website at: www.bcsoccer.net

ICSF boys play in the 4 district, which includes teams from Burnaby, Richmond, North Vancouver and Vancouver.

There are 3 Cups each team playing at the ICSF can participate in. The Cups are as follows:

1. **Vancouver Cup.** Each division will have a winner. Participants in each division consist of Gold, Silver and Bronze teams. Bronze and silver teams will play each other before any Gold teams are asked to compete. All teams participating in this Cup are from the Vancouver area only. Please check your 4-District Guide for further information.
2. **District Cup**
 - **Pioneer Cup.** This cup competition is open to only Gold teams playing in that division.
 - **Commonwealth Cup.** This cup competition is open to only Silver teams playing in that division.
 - **Burrard Cup.** This cup competition is open to only Bronze teams playing in that division.
3. **Provincial A or B Cup.** There is two level of play for provincial competition. The "A" Cup leads to National Championships and is open to all teams that wish to play. BCYSSL (Metro) league teams and teams at U 13 Gold must enter the "A" Cup and cannot enter the "B" Cup play.

The "A" Cup Coastal winner, Runner-up and one other team qualifying from the Lower Mainland or Vancouver Island will advance to play a Provincial Round Robin with a team that qualifies from the interior. U-14, U-16 and U-18 Provincials advance to the National Championships. This cup is reserved for the Vancouver Selects and no ICSF teams will be competing in.

The "B" Cup is open to any team that wishes to enter. Each District will declare a winner and that team will advance into the BCSA draw for the Coastal championship.

The winner of the Coastal section, the Coastal Runner-up and an Island representative, advance to play interior teams. The winner of the Coastal Interior playoff is the Provincial Champion, but does not advance to national play.

d) What equipment do players need?

Equipment required to play In-House, mini, U-11 and divisional soccer is a pair of soccer boots, shin pads and socks which cover the shin pads entirely. Shin pads are mandatory and must be worn for both practices and games. Knee pads for the younger players playing on gravel fields are recommended. ICSF Soccer Association provides a jersey, shorts and socks for each player. Both the jersey and shorts must be returned at the end of the year. Please, uniforms are to be worn for game time only!

A \$50.00 uniform deposit will be collected from all children playing at the ICSF and will be returned at the end of the season when the uniforms and shorts are turned in.

e) When are games and practices held?

For in-house, 5 and 6-year-olds, games will all be played at Beaconsfield Park. If the field is closed due to poor weather the games will be moved to all-weather school fields while practices are held in nearby school gyms on weeknights.

For children playing at U8 to U11 girls and In-house advanced to U12 Boys, games are played on Saturday on grass fields or, in the event of inclement weather, various all-weather school fields while practices are held in nearby school gyms on weeknights. Due to the shortage of gym times, priority is given to youngest players and practice days and times will vary each year.

For boys playing Divisional league games, (U-13 to U-16, games are played on Saturday's, U-17 and U-18 games are played on Sunday's) they are on grass fields or, in the event of inclement weather, various all-weather school fields while practices are held at either Beaconsfield or Trout Lake on weeknights.

For Boy's playing Cup games, they may be scheduled on Saturday's for U-17 and U-18 and on Sunday's for U13 to U-16.

For girls playing at U-12 to U-18, games are played on Sunday's on grass fields or, in the event of inclement weather, various all-weather school fields while practices are held at either Beaconsfield or Trout Lake on weeknights. There will be some games scheduled on Saturday's that will be Cup games.

f) Who coaches In House In House Advanced Mini, U-11, U12 and Divisional teams?

Usually a parent of one of the player's coaches..

For more then one coach wanting a particular team at any age group ,the coaching committee will select from the applicants. Coaches are asked to submit their resume or application with

their coaching experience and qualifications. Many teams have more than one coach, as this may be the first time many parents have undertaken such a challenge.

Since it is difficult to recruit coaches, if any parent knows of anyone who wants to coach, we ask that you do your best to encourage them to step forward and volunteer and to contact someone from the executive.

All teams at the ICSF need a lot of support from the other parents. Other responsibilities include managing, phoning, lining fields, putting up nets and flags, bringing oranges to games, etc.

g) Do the coaches receive any training?

Coaches are encouraged to attend certification courses offered through the B.C. Soccer Association. The costs up to \$125.00 will be refunded by the Club after successful completion of the course. Forward a copy of your receipt or cancelled cheque to the coordinator that will arrange for reimbursement for this procedure. Community coaching certificates for children and youth levels and Level I Theory are required for coaches of Divisional teams entered in Provincial Cup competitions so it is prudent to start qualifying as early as possible.

h) Do In-House, In House Advanced, Mini and U 11and U12 teams play for titles?

There are no titles for any of these age groups. The In-House and mini schedule is set up to provide competitive games no matter what the ability of each team. Results are reviewed regularly to ensure that teams are balanced. Because there are no titles to play for, each child **must** play an **equal** amount in each game. The ICSF feel that these are developmental ages.

i) Do Divisional Teams (U-11,U12, U13 to U18) play for titles?

The U-11and U-12 will play in competitive divisions but there are no titles that they compete for. Divisional teams play for league championships as well as league titles. (U-13 to U-18 only) There are various cups for various levels at U-13 to U-18. Boys play in the 4-District and compete for the following:

District Cup:

- Gold teams- Pioneer Cup
- Silver Teams – Commonwealth Cup
- Bronze Teams- Burrard Cup

Vancouver Cup:

- All Vancouver based teams, regardless of the level, compete for the Vancouver Cup in every division. (U-13 to U-18)

Provincial A or B: There is two level of play for provincial competition. The “A” Cup leads to National Championships and is open to all teams that wish to play. BCYSSL (Metro) league teams and teams U 13 Gold must enter the “A” Cup and cannot enter the “B” Cup play. Gold teams playing U-13 to U-18 will have the opportunity to compete and play in the “A” Cup

The “A” Cup Coastal winner, Runner-up and one other team qualifying from the Lower Mainland or Vancouver Island will advance to play a Provincial Round Robin with a team that qualifies from the interior. U-14, U-16 and U18 Provincials advance to the National Championships.

The “B” Cup is open to any team that wishes to enter. Each District will declare a winner and that team will advance into the BCSA draw for the Coastal championship. The winner of the Coastal section, the Coastal Runner-up and an Island representative, advance to play 3 interior teams. The winner of the Coastal Interior playoff is the Provincial Champion, but does not advance to national play.

j) Who organizes House League, Mini U-11 and U-12 Teams at the ICSF?

The coordinators in each category are responsible for organizing in-house, mini U-11 and U-12 League teams. Each coordinator has one age group. The age group coordinator's responsibilities include communicating all pertinent information received from the ICSF and their Leagues in which they are participating. They will assist with evaluations, disciplinary and any communication where necessary.

It is also the direct responsibility of the Age Group Coordinator to receive all scores from the weekend games in order to compile the standings for proper team alignment after each round of the schedule.

It is our hope that a child's participation in House League and mini, soccer is fun and fulfilling. If you have any questions concerning House League soccer, please contact the House League Co-coordinator. The House League coordinators are on the list of executive members located at www.icsf.ca

k) Underage Player Policy

It is ICSF Soccer Association policy that, for the overall benefit of the children involved, players should be strongly encouraged to play at the natural age level for which they qualify.

However, if it is beneficial for a player or team to play at an older age group, the youth committee will make the decision to do so. The following is a list of guidelines:

- New players to the ICSF must tryout at their own age levels. Coaches should not be recruiting new players to their team that are underage.

- All underage players must make the Gold team in order to play at that age level. Any underage players not making the Gold team must return to their own age level.

- No team may have more than 33% of their players being underage.

- All tryouts must be coordinated through the Divisional Coordinator with older teams holding their tryouts first in order to allow any underage players to tryout at higher age levels.

- If it is beneficial to the club or to the players, the Youth Committee or the Board of Directors may make exceptions to any of the above rules.

- These rules will be strictly enforced for the 2010/2011 season.

l) The Importance of the Referee

The game of soccer cannot function without game officials. Officiating is a difficult and often thankless task. Coaches referee House League games.

Mini and U-11 games are refereed by children aged 11-14 who have successfully completed a Referee Clinic and Exam.

Mini and U11 soccer is the training ground for these referees who then move on to referee divisional games from age 14 onwards. Many of these youth referees quit in the early days due to abusive situations. **Please encourage the young referees rather than discourage them.**

ICSF Soccer Association will not tolerate either verbal or physical abuse of referees by any player, parent or official of an ICSF Soccer Association team.

Coaches should be very aware that it is their responsibility to control their supporters (i.e. parents) and that failure to do so can and does result in discipline. This makes parent education another requirement of successful coaching.

m) Guidelines for team tryouts (U11 to U-18)

Tiering for Tryouts start at U-11.

There may be 3 practices to establish if a child makes a gold team or the top team in that age group. **The ICSF expects that all players that are selected to play on the Gold team or top team compete at that level.** Once the players are selected by the Gold or Top team the remaining players will be placed on silver teams or second team out based on their ability to compete at the silver divisional level. (i.e. Silver 1, Silver 2, Silver 3 Silver 4)

n) Number of players selected from an evaluation camp.

The ICSF is a Club with a small number of players and coaches. Because the Club is small, the ICSF encourages having as many teams as possible in an age group to promote development of players, the development and increased number of coaches to the Club and the existence of teams at the divisional levels.

Because of the reasons listed above, the ICSF has now mandated the number of players that will form a team from U-11 to U-18.

For all ICSF teams in U-11 and U-12, coaches will be asked to select a minimum of 12 players and no more than 14.

For all ICSF teams in U-13 to and U-15, coaches will be asked to select a minimum of 15 players and no more than 16. If there are enough players to make two teams they should be split equally in numbers.

For all ICSF teams playing U-16 to U-18, coaches can select up to 18 players if there are not enough players to make two teams. If there are enough players to make two teams they should be split equally in numbers.

To encourage players to play at the ICSF and if the Club can only generate one team in an age group, the ICSF will allow for extra numbers on that team.

0) Tournaments

It is expected that all teams entering tournaments represent the ICSF accordingly and exercise good judgment. For a list of tournaments please check the BC soccer website at www.bcsoccer.net

p) How much playing time should a child receive?

It is Club Policy that all children playing in-house (5 and 6 Year olds) Mini (U-8 to U-10) U-11 and U-12 **play equal amounts of time and are moved to different positions on the field.**

It is Club Policy that all children playing divisional soccer, U-13 to U-18 **play a minimum of twenty (20) minutes per game averaged throughout the year.** The 20 minutes of playing time averaged throughout the year is in line with BC Soccer guidelines.

q) Uniforms

It is Club policy that all teams wear the uniforms given by the Club. Coaches or managers cannot buy or use alternate uniforms that are not issued by the Club.

If there is a discrepancy in colours, and you wish to wear an alternate that will not conflict you must write to the ICSF Youth Committee to receive approval.

r) Cancellations and Field Closures

Games are scheduled on alternate fields if the parks or schools shut down any grass fields. Coaches at the divisional level cannot cancel any scheduled games. Only the referee can cancel a scheduled game. Therefore, both teams must show up to the park. It is the home team's responsibility to contact the opposing coach the day before to confirm your field and times. Divisional teams can log on to www.bcsoccercentral.com for team contacts, schedules and standings.

The field closure line for the Vancouver Parks Board is 604-473-6206 and could be called after 12:00 noon every Friday or check the website at <http://www.city.vancouver.bc.ca/Parks/>
The Vancouver School Board number is 604-713-6000 Ext 2666.

8 Laws of the Game

All coaches are expected to have a basic familiarity with the Laws of the Game. Copies of the most current FIFA rules are available by downloading them off the FIFA website: www.fifa.com .

By necessity, the formal FIFA rules have been modified somewhat for children's/youth soccer. The most significant changes are set out below:

The Field of Play

In-house (U6) Born in 2005

In-house teams will be mixed with the in-house boys and girls and will play 3 aside. There will be 2 halves of soccer that will last fifteen (15) minutes each. The size of the ball that will be used is a Size 3. The size of the field will be 28M x 18M. All games are at Beaconsfield Park. The regular season for in-house is Mid September until Mid-March. Games will be played on Saturdays.

In-house Advanced (U7 and U8) Born in 2004 and 2003

In-house teams will be mixed with boys and girls and will play 4 aside, including a goalie on fields in Vancouver. There will be 2 halves of soccer that will last twenty five (25) minutes each. The size of the field will be 30M x 20M and the nets will be eight (8) feet in width by five (5) feet in height. The size of the ball that will be used is a Size 3. The regular season for the In-House Advanced is Mid September until Mid-March. Games will be played on Saturdays. Practices will take place in local gymnasiums in the East Vancouver area.

Mini Boys (U9 to U10) Born in 2002 and 2001 and Mini Girls (U8, U9 to U10) Born in 2003 and 2001

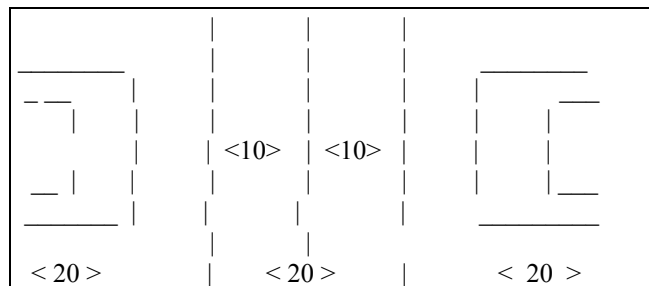
The mini, U8, U9 and U10 will play on teams of 7 aside including a goalie on fields in Vancouver. The Mini teams will play interlocking games against ours, and other associations in the Vancouver area. There will be 2 halves of soccer each consisting of 25 minutes. The size of ball that can be used is either size 3 or 4. The regular season for the Mini's is Mid September until Mid-March. Games will be played on Saturdays. Practices will take place in local gymnasiums in the East Vancouver area.

At U 11 and U-12 the dimensions of the field will be 40 yards in width and 60 yards in length. The field will be lined accordingly: (See Field Layout)

- Midfield stripe - middle of the field. Field split into 30 yards halves
- 2 offside stripes - 1 on each side of midfield (10 yards horizontally to the midfield stripe)
- 2 - 10 yard penalty boxes at each end of the goal by 20 yards in width.
- 2 - smaller, 5 yard boxes in length at each end of the goal by 12 yards in width
- Goal sizes are 6 ½ feet in height by 12 feet in width.

Field Layout

40Yards



60 Yards

Rules for U11 and U12

- a) The offside rule applies in the offensive 1/3 of field only.
- b) Any player, defending his goal, that passes the ball back to their goalkeeper by foot, cannot be picked up by the goalkeeper, but can be played with his foot.
- c) Any defending player in the defensive end that mis-kicks the ball, can be picked up by the goalkeeper.
- d) Any player heading or chesting the ball back to his goalkeeper can be picked up by the goalkeeper.
- e) The soccer ball can only be handled by the goalkeepers within the 2 boxes at their end of goal.
- f) When the ball is legally picked up by the goalkeeper in his box, he can advance it to the top of the second box.
- g) Throw ins made to the goalkeeper cannot be handled by the goalkeeper's hands.
- h) There will be direct and in-direct free kicks.

Generally, from **U13** onwards, full size fields, goals and penalty areas are used.

The Ball

In-house: Size #3 balls are used
U8 to U12: Size #4 balls are used
U13 to U18: Size #5 balls are used

The Number of Players

The number of players on the field for ICSF Soccer is as follows:

Boys and Girls

In-House-5 or 6 a side 3 v 3 including a goalie ??
U8 Boys: up to 4 v 4 including a goalie
U8 Girls up to 6 a side including a goalie
U9 Boys and Girls: up to 6 a side including a goalie
U10 Boys and Girls: not more than 7 a side including a goalie
U11 Boys and Girls: 8 a side including a goalie
U12 Boys and Girls: 8 a side including a goalie
U13 to U18 Boys and Girls: 11 a side

The numbers above are subject to adjustment. Please check with your age group coordinator. Unlimited substitutions are permitted freely during any stoppage of play. Ensure that the referee is made aware such changes.

The Players' Equipment

As a reminder, please ensure that players are not wearing jewelry of any type including watches, chains, earrings, metal hair clips, etc. These items can cause injury on the field.

The Referee

For mini U11 and U-12 young teenagers referee games. Accordingly, please do not verbally abuse or intimidate the referees. Caution or ejection cards are generally not handed out at the younger age levels.

Remember:

"THE DECISIONS OF THE REFEREE REGARDING FACTS CONNECTED WITH PLAY ARE FINAL."

The Duration of the Match

Match times vary according to age:

- In-house: 50 minute games with two equal halves
- U8 to U10: 50 minute games with two equal halves
- U11: 60 minute games divided into two equal halves
- U12: 60 minute games divided into two equal halves
- U13: 70 minute games divided into two equal halves
- U14: 80 minute games divided into two equal halves
- U15: 80 minute games divided into two equal halves
- U16 +: 90 minute games divided into two equal halves

The Start and Restart of Play, Throw-Ins

At the ICSF, play is generally re-started gradually through throw-ins at the In-house level. In mini U8-U10, throw-ins are introduced.

From U11 onwards, proper throw-ins and rules are used to re-start play when required.

Offside

Offside are not called at the In-house and mini (U8-U10) levels. Offside will be called at the U-11, U-12 and at the divisional level (U-11 to U-18).

9 Code of Conduct and Responsibilities

Integrity, fairness and respect: these are the principles of fair play. With them, the spirit of competition thrives, fuelled by honest rivalry, courteous relations and graceful acceptance of the results. The Fair Play Codes were developed as a guide to follow in developing our youth. Here for your information are the codes for players, coaches and parents: (We are asking the coaches or managers to photocopy this section and give it to the children and their parents)

a) Player's Code

Play for the fun of it, not just to please your parents or coach.

Play by the rules.

Never argue with the officials' decisions. Let your captain or coach ask any necessary questions.

Control your temper; no mouthing off or ungentlemanly conduct.

Work equally hard for yourself and your team. Your team's performance will benefit and so will your own. Be a good sport. Cheer all good plays, whether your team's or your opponents'.

Treat all players as you yourself would like to be treated. Don't interfere with, bully or take unfair advantage of any player.

Remember that the goals of the game are to have fun, improve your skills and feel good.

Don't be a show-off or always try to get the most points or penalties.

Co-operate with coaches, teammates and opponents; without them there isn't a game.

b) Coach's Code

Be reasonable in your demands on the young players' time, energy and enthusiasm.

Remember that they have other interests.

Teach your players that rules of the game are mutual agreements which no one should evade or break.

Group players according to age, height, skill and physical maturity whenever possible.

Avoid over-playing the talented players. The average players need and deserve equal time.

Remember that children play for fun and enjoyment and that winning is only part of it.

Never ridicule or yell at the children for making mistakes or losing a competition.

Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the players.

The scheduling and length of practice times and competitions should take into consideration the maturity level of the children.

Develop team respect for the ability of opponents as well as for the judgement of officials and opposing coaches.

Follow the advice of a physician when determining when an injured player is ready to play again.

Remember that children need a coach they can respect. Be generous with praise when it is deserved, and set a good example.

Make a personal commitment to keep yourself informed on sound coaching principles and the principles of development of children.

c) Parent's Code

- Do not force an unwilling child to participate in sports. Remember children are involved in organized sports for their enjoyment, not yours.
- Encourage your child to always play by the rules.
- Teach your child that honest effort is as important as victory so that the result of the game is accepted without undue disappointment.
- Turn defeat to victory by helping your child toward skill improvement and good sportsmanship.
- Never ridicule or yell at your child for making a mistake or losing a competition.
- Remember that children learn best by example. Applaud good plays by your team and by members of the opposing team.
- Do not publicly question the officials' judgement and never question their honesty.
- Support all efforts to remove verbal and physical abuse from children's activities.
- Recognize the value and importance of volunteer coaches. They give up their time and resources to provide recreational activities for your child.
- Do not allow your child to eat a big meal within two hours prior to the start of a practice or game.
- Provide your child with a water bottle and encourage him to drink before, during and after each practice or game.
- Provide your child transportation to and from practices and games.
- Do not coach your child. Allow the coach to instruct your child on the field during the game.

d) Responsibilities of the Team Coach

The person who accepts the responsibility of coaching a soccer team is a special kind of person who should understand people, particularly youngsters. This person should also have a deep interest in the players and have a genuine enthusiasm that can be passed onto the players. When a person assumes responsibility to coach a team, the individual also accepts a responsibility to the team, to the players, to their parents, to the club and to the game of soccer. A good coach wears many hats. The coach is a father/mother, educator, friend, disciplinarian and psychologist to the players.

The following is a partial list of responsibilities of the youth soccer coach:

- Teach the players the skills, strategies and rules of soccer.
- Teach the players the benefits of teamwork and cooperation with their fellow players.
- Show the players, by personal example, proper conduct on and off the soccer field.
- Arrange for others to conduct the practices or the games if you are unable to attend.
- Ensure that no player is left on his own while he is waiting for a ride home after a game or practice.
- Advise any parents who may be interfering with the game or the referee that they are in serious violation of the rules of soccer, and that they could be asked to leave the field of play.
- The basic philosophy underlying these rules is that every child should be given the opportunity to play in all practices and games regardless of ability.
- No youngster can be denied the opportunity to play because of a lack of ability.
- The good of every individual involved should be kept uppermost in the mind(s) of the person(s) responsible for the team on the field.

If a person is a capable coach, the skill level of the players will improve. If the coach is not capable, the players will become disinterested and discouraged, and will generally find the experience meaningless.

If the coach is capable, the team will win its share of games, maybe even a championship. However, if the coach is incapable, it must be recognized that coaching ability is not the most important part of the job.

If the coach is capable, discipline can be maintained without resorting to authoritarian measures. If the coach is not capable, the team will become an unruly gang, unable to respond to group discipline. Consequently, they will bring no credit to themselves, their coach, the club or the game.

It is assumed that a team whose players frequently incur penalties may be judged to have a coach not capable of teaching the players to conduct themselves in a manner creditable to the game.

10 Team List

All teams should have a manager, team mom or an individual(s) that help with the administrative duties of the team. Each team should develop a team list of all players, parents, and telephone numbers and circulate it amongst the team.

11 Uniform Deposit and Equipment

The coach or manager will be asked at the beginning of each year to collect a \$50 uniform deposit from each player.

It is the team's responsibility to return all equipment and uniform at the end of each season. Please see the checklist on the next page.

12 Evaluations

All In-House and mini players will be evaluated at the end of the season to ensure that all teams at the ICSF are well balanced.

Player Evaluations Form- In-house

For children moving to the Mini's next year
and whose 7th Birthday will be in 2009 and
their birthday is 2002 calendar year.

Criteria										
Ability to Dribble										
Ability to pass the ball to players										
Knowledge and understanding of the game										
Ability to shoot the ball -Kicking Skills										
Ability to play positional										
Attention span										
Game situation										

Total Scores

0= None

1= Some

2= reasonable

3= good

4= excellent

Name of Team: _____

Coach: _____

Coach(s) Evaluation Form

ICSF Coach(s) _____

Age Group _____

Part # 1 to be filled by the Parents

Please circle the following from 1-5 with 1 being poor and 5 being the highest score.

- Are you happy with the coaching? 1 2 3 4 5
- Are the coaches doing a good job in teaching the children? 1 2 3 4 5
- Are you happy with the playing time your child receives? Yes / No
- How is the communication between parent and coach? 1 2 3 4 5
- Have the children improved under the coach's direction? 1 2 3 4 5
- Are the drills done at training appropriate for the ages of the children? 1 2 3 4 5
- Is your child treated with respect and courtesy? 1 2 3 4 5
- Are you happy as a parent having these coaches coach your child? Yes / No
- Would you welcome future involvement of these coaches with you child? Yes / No
- Have your coaches provided a safe environment for your child? Yes / No

Please elaborate on any question above or anything you feel has been left out.

Comments:

Optional: Parents Evaluating _____ Date: _____

Part # 2 to be filled by the Players

Please circle the following and write any comments.

- Do you have fun at practices and games? Yes / No
- Do you think you have been treated fairly? Yes / No
- What do you like about practice? _____

What do you like about the games? _____

- Is the running we do enough for practices? Yes / No
- Would you like to see more running? Yes / No
- What drills do you like? _____

- 8. Do your coaches scream too much? Yes / No
- 9. Do you like your coaches? Yes / No

Optional Child's Name: _____ Date: _____